



Paint the Garden

BIG IDEAS:

Today you're going to **OBSERVE** or **IMAGINE** something growing in nature and **ILLUSTRATE & LABEL** a colorful picture of your findings.

YOU WILL NEED:

- Outdoor (or indoor) area to explore
- Pencil
- Colored Pencils or Crayons or Paint + Paint Brushes + Cup of Water
- 2-3 pieces of plain paper
- *Optional:* Taste Test: Rainbow Salad

WHAT TO DO:

1. **READ:** the box below.

Labeling & Illustrating Crops

Farmers work to grow fresh and seasonal crops (plants grown for food) to feed our community. Labeling crops (writing their names) helps farmers know what is growing and where crops are growing in the garden. This is especially important as the seasons **change**. Seasons changing means some crops are harvested & leave the garden, while others are planted and enter the garden. Illustrating (drawing) *colorful* pictures of crops in the garden can also add beauty to your garden or indoor space!

2. **WATCH:** [The Green Heart Rules of Respect](#) and **REVIEW:** *What are the three Green Heart rules of respect?*



- 3. GATHER:** your art materials: 1 pencil, 2-3 pieces of plain paper, some colored pencils or crayons or paint set!
- 4. WATCH:** [Garden Art with Ms. Cat and Ms. Dot](#), local artists from Sister Moon Studio as they guide you through drawing a sunflower.



- 5. LABEL:** Write the names of everything in your drawing beneath the item. For Ms. Cat & Ms. Dot's drawing they could write **SUNFLOWER** in the right corner next to the stem, and **BEEES** in small letters under their pictures of the bees.
- 6. TASTE TEST (OPTIONAL)** - [Watch here](#) to follow along with Ms. Emma to do a Green Heart Taste Test! This week, put together your own rainbow 🌈 salad, including at least three different colored fruits &



veggies. Did you know eating many different colored fruits & veggies (reds, oranges, greens, purples, blues) helps our bodies stay healthy? Check out [this video](#) on eating the rainbow for inspiration.

- Give your taste-test a Green Heart rating. 1, 2 or a 3!

7. CLEAN-UP: Put your Green Heart supplies back into a safe space to be ready for your next lesson!

For educator notes & to “dig deeper” see [here](#).