



## Fall Harvest Poetry

### BIG IDEAS:

Today you're going to **WRITE** a **FALL POEM** and **EXPLORE** the season using your **FIVE SENSES**.

### YOU WILL NEED:

- Pencil and/or colored pencils
- Paper or Journal
- *Optional:* Taste Test: Fall Vegetable

### WHAT TO DO:

#### 1. **READ** this box:

#### All about Fall

Fall is **harvest** season. Crops are ready to be picked. Some enjoy apple picking and pumpkin carving in the Fall. **What are some other activities you do in the Fall?**



Eating fruits and vegetables in season can have lots of benefits for your health. Some of the **Fall vegetables** we grow in our Green Heart gardens are: root vegetables (sweet potatoes, radishes, turnips), winter squash, and leafy greens. **What foods do you enjoy eating, or cooking during the Fall?**



Describe the weather during the Fall. **How is the weather in the Fall different from other seasons (Winter, Spring, Summer)?** As the seasons **change**, you will see different colors and plants growing outdoors. **Have you ever wondered why leaves change colors?** Watch this [video](#).

Using your five senses to explore the different seasons is a great way to learn more about the environment and **poetry** is a way to share your observations with others!



2. **WATCH:** The [Green Heart Rules of Respect](#) What are the 3 rules of respect?
3. **REVIEW:** your 5 senses. What are your 5 senses? Check your answers [here](#).
4. **TAKE:** a nature walk. Use your five senses to observe the Fall season. *Think to yourself:*

What colors do I see?

What is the temperature?

Can I smell certain recipes cooking in the kitchen?

Do I hear sounds like leaves crunching?

Are there crops that look ready to harvest?

Be sure to collect items, write down notes, sketch pictures, or use a camera to remember your findings. This will be helpful for when you go to write your poem.



**\*\*If you are not able to take a nature walk, USE:** your imagination and **EXPLORE:** the articles and videos below to learn about the Fall season and harvest.

1. [Time For Kids Fall Harvest](#)
2. [Brainpop Jr. Fall](#) Video
3. [Autumn is Here](#) Video



5. **WRITE:** a fall poem by following along the [Fall Poem Directions](#).
  - 1) Pick your [poem type](#)
  - 2) Brainstorm garden words and use the [garden word bank](#) for additional inspiration
  - 3) Craft your garden poem
  - 4) Share your poem with others
  
6. **TASTE TEST** (*OPTIONAL*) - [Watch here](#) to follow along with Ms. Emma to do a Green Heart Taste Test! This week, [try a Fall fruit or vegetable](#) that you have NEVER tasted before. *Suggestions: radish, carrots, cauliflower, broccoli.*
  - Give your taste-test a Green Heart rating. 1, 2 or a 3!
  
7. **CLEAN-UP:** Put your Green Heart supplies back into a safe space to be ready for your next lesson!

*For educator notes & to “dig deeper” [see here](#).*