Compost Recipe

BIG IDEAS

Curious about compost? Today, you will EXPLORE the 4 ingredients that make up a healthy compost recipe and EXPLAIN why it is important to compost.

YOU WILL NEED:

- Pencil and/or colored pencils
- Paper or Journal
- Compost Recipe
- *Optional* - a pile of compost
- *Optional* - Taste-Test: avocado toast - (browns) piece of toast or crackers, (green) avocado smash to "taste-test"
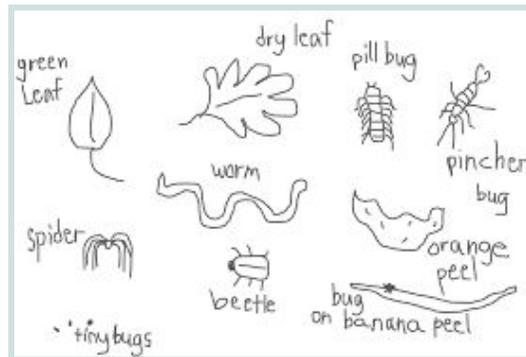
GROW MINDS, CULTIVATE COMMUNITY

WHAT TO DO:

1. **REVIEW** the [Green Heart Rules of Respect](). *New to Green Heart lessons? Check out our [Respect the Garden]() lesson.*

2. **WATCH:** [Charleston County Compost](). In your journal, **ANSWER:** the following questions.
    1) What is compost?
    2) Why is it important?
    3) How does composting a way to respect the Earth?

3. **READ:** the [compost recipe]() to learn about the four ingredients that make up a healthy compost pile. Use the recipe to help you complete the activities below.

4. **CHOOSE:** an option and complete the activity.

    Option #1: access to compost – **EXPLORE:** a pile of compost. **LOCATE:** all four ingredients. What else can you find in the compost?

    Option #2: access to outside space – **COLLECT:** all four ingredients and make your own compost pile. If you choose to make your own compost, learn more by watching the [Compost at Home Video]().

    Option #3: without access to outdoor space – **ILLUSTRATE:** 1-2 examples of all four ingredients in your journal.

5. **TASTE-TEST** *(OPTIONAL)* - Your taste test, avocado toast, represents some of the ingredients in compost. The browns (cracker/toast), greens (avocado). Try your avocado toast in 3...2...1... Taste test!
    a. *WATCH:* [How to do a Green Heart Taste-Test: Rules & Ratings](#).
    b. Give your taste-test a Green Heart rating.
        3= the best thing you've ever tasted!, 2= it was okay, but not my favorite, 1= I don't really care for it

6. **CLEAN-UP:** Put your Green Heart supplies back into a safe space and get ready for next week!

For educator notes & to "dig deeper" see [here](#).